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April 12, 2024

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Next Week's Lunches: Mon. 15th Sandwiches • Tues. 16th Pizza • Wed. 17th Burritos • Thurs. 18th **Hot Dogs**

Dates to remember:

Apr. 13 Education Sabbath at **Springtown SDA Church** (Students arrive by 10:15 AM)

Apr. 14 OAS Family Fun Run 8:00A

Apr. 22-30 MAP Testing

Education Sabbath

SATURDAY, APRIL 13 10:45 AM WORSHIP WITH THE STUDENTS AND STAFF OF OZARK ADVENTIST SCHOOL.



OAS Home & School



OAS Family Fun Run: This Sunday, April 14, 8:00 AM. You can still



register using the above code or come early to register on

Sunday morning. The race starts at 8:00 AM. Thanks for supporting OAS!

Health Tip Mrs. Martia Metcalf



Come unto Me, all ye that labor and are heavy laden, and I will give you rest. Matthew 11:28

Rest is vital for optimal physical, mental, and spiritual health and wellbeing. Nearly 1/3 of our life is spent sleeping. The average person needs 7-8 hours of sleep per night. The most restorative sleep occurs during the hours before midnight, and bedtime should be no later than 9 pm. Issues that arise in the short term from not getting enough sleep include irritability, difficulty concentrating, and slower reaction rates. Over a long time of sleep deprivation, one can experience frontal lobe damage, impaired immune function, increased weight gain, and diseases associated with obesity, heart disease & high blood pressure, as well as stomach and intestinal disorders.

Simple lifestyle changes can improve sleep. Start with limiting computer and TV time, and follow this protocol for a good night's sleep:

- *Eliminate alcohol, caffeine, and nicotine
- *Sleep in a quiet, dark, tidy, wellventilated room
- *Exercise daily preferably out in nature
- *Take time for quiet evening meditation and prayer
- *Give the stomach rest by ending the evening meal 3 hours before bedtime
- *Leave life's worries and cares behind
- *Keep a clear conscience, a mind at peace with God

Pre-K Mrs. Joanna Davis



Education Sabbath is this Saturday at the Springtown SDA Church. Please try to be there no later than 10:15.

Our letter for the week was X. We practiced this letter by playing tic-

tac-toe. Thank you for keeping our parking lots sate.

Our number was 15.

Our Bible story was about God's promise to never flood the whole earth again by putting a rainbow in the sky.

Sunday is our OAS Family Fun Run. Please come and participate. It starts at 8:00 AM.

We have been working hard on our cutting skills.

Kindergarten Mrs. Yossy Castillo



The book for this week was 'A Day on the Prairie'. Throughout the week, they identified different plants and creatures on the prairie, sorting them into mammals, reptiles, birds, plants, and insects. They also learned about the prairie environment. On the prairie, the wind blows often, so they learned that we can use air to move things. During math class, they compared the height of two objects using 'taller' and 'shorter'.

Letter for next week: Ww

Bible verse for next week:

"Trust in the Lord with all your heart."

Proverbs 3:5"

1st & 2nd Grades Mrs. Jamie Short



This week was very busy and no two days were alike, between the eclipse and practicing for Education Sabbath, we ran a very different schedule. We still managed to work on our math skills. First graders are still practicing place value. Second graders started















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adding two, three-digit numbers, by stacking the numbers and regrouping.

In Bible, we read more stories of Ellen White. And in Science, we have started looking at the water cycle.

Please note that there has been a change to the date of our Spring Explorium. This event will be pushed to May 16. This should give you more time to prepare. If you are feeling stuck on any part of your child's assignment, please reach out to me.

3rd & 4th Grades Mrs. Eva Hill



Students will be sharing in worship at the Springtown SDA Church service. (They will need to be there by 10:15 in white tops and black bottoms).

Our annual Fun Run is Sunday morning at 8:00. We are hoping every 3rd and 4th grader is there and gets to participate!

THANK YOU to all our parents and grandparents who took us on our trip to the Oklahoma Aquarium!







© Spelling words from lesson 29 will be tested next Friday. For at-home study, the word list is stapled to your child's progress report in the white envelope.

© Treasure verse next week: Rather than a fill-in-the-blank quiz, students are learning the Beatitudes, Matthew 5:3-10 to say aloud.

5th & 6th Grades Mrs. Tania Miller



Dear Parents/Guardians,

This weekend- April 13th- is education Sabbath at Springtown SDA Church and students are strongly encouraged to attend. Students are asked to wear a white shirt and black bottoms.

The next day-April 14th- is the Annual Fun Run! All students and families are encouraged to attend, hope to see you all there!

Students will have two weeks to work on this treasure verse. It's a long one, so please be working on it daily.

Our last book report of the school year is due at the end of this month, please encourage your child to read, read, read!

Grade reports have been sent out in student folders. Missing assignments are listed on the grade reports at the bottom. Students are encouraged to take home incomplete assignments this weekend and return them when we get back on Monday. Please sign the outside of the folder to show you received the grade report and graded papers for this week. You may keep the grade report at home.

Reading: Please help your child do their very best in school and encourage them to read 20-30 minutes from their AR books every evening. It is our last quarter and students need to earn 10-15 AR points by May.

Thank you for keeping our parking lots safe.

*Memory Treasure Verse for next week:

"Then Jesus came to them and said, 'All authority in heaven, and on earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age." Matthew 28:18-30

*Spelling words:

Spelling words: Our spelling program individualizes student learning. The students take a pre-test online at myzbportal.com and based on their results, their spelling list is determined. We take a pretest on Thursdays and send home your child's list in their Friday folder.

Please scan the barcode to access the spelling list and to practice with the online tutor. Select the diamond, square or circle depending on the list your child is assigned. (The shape will appear on the list sent home)





Have a blessed weekend!

7th & 8th Grades Mr. Demetrius Bell Mrs. Tara Bailey

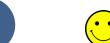


Spring Explorium Event Date Change: Please note that the date for our much-anticipated Spring Explorium event has moved (from the















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initial May 9 date)! Mark your calendars for *May 16th*, as our students prepare to showcase their projects and discoveries. This event promises to be a celebration of learning and creativity as our students explore various subjects.

Education Sabbath at Springtown Church: We're buzzing with excitement as we look forward to Education Sabbath, which will take place at Springtown Church this Sabbath, April 13th. Our students have been diligently preparing to share the teachings of Jesus and the lessons they've gleaned from their studies. We invite you to join us for this special occasion as we come together as a community to worship and reflect on the blessings of education and faith.

Fun Run Fundraiser: Lace up your running/walking shoes and get ready to hit the pavement for a great cause! Our Fun Run fundraiser is just around the corner on April 14th at 8 am. This event not only promotes physical fitness but also provides an opportunity for our students to actively participate in supporting our school community. We encourage all students, families, and staff to join us for a morning of fun, fitness, and fundraising.

Mrs. Crystal Beierle



4/11/24 AR Points

Kindergarten

Oliver H. 2.0 Harper S. 1.5

1st Grade

Una L. 20.5 Isaac M. 75.2

2nd Grade

Jeshua G. 16.1

3rd Grade

Gracie B. 15.1

4th Grade

5th Grade

Alicia O. 25.9

6th Grade

7th Grade

Michael C. 279.4

8th Grade

Brian D. 183.4

STEAM CLUB

It's official! Both teams have earned the opportunity to compete at the National event in Orlando on May 5. The Skyhawks and Rock Smashers teams are busy raising funds for the trip. We would love your support. There are three ways to donate: directly at the school office, online at www.ozarkschool.org, or buy a pizza card.









Thank you for keeping our parking lots safe.













